

VENICE PLASTIC SURGERY

A.E. HAAS, M.D.

Cosmetic, Reconstructive, Face, Breast, and Hand Surgery

Acne Scars

Mature acnes scars that are no longer developing are treatable. Active acne cannot be treated for scar removal. It must be mature or in an inactive state.

There are many ways people treat acne scars. Laser treatments are based on burning the scarred areas with a very hot light called a Laser. Multiple treatments are often required regardless of the original size. Many have this treatment thinking that Laser is some sort of cure-all. A burn scar can result.

Dermabrasion or Sialobrasion scrape the skin surface and may require multiple treatments. This is the best method in many cases.

Others may use a burning Chemical Peel. This treatment as well as Laser treatment may also worsen the acne scar.

Most often we simply put the patient to sleep so there is no discomfort during the procedure. Dermabrasion, like many other Plastic Surgical procedures is performed on an out patient basis.

The results are often the same. When surface skin is removed the pits become relatively less deep and wide making them less visible.

One thing often ignored is sun exposure. A fresh wound from trauma, a tattoo, laser, Dermabrasion or from a surgical procedure must be protected from sun exposure. The sun alone accounts for a lot of scar conditions. Avoidance and the use of high SPF clothing and sun block are a must. This is one thing that makes scars worse and is for the most part preventable.

**The above represents the opinion of A. E. Haas, M.D.
Venice Plastic Surgery, Venice Wound Center, Lakeside Medical Center**

Just call us directly. No referral needed unless required by your insurance company

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