

VENICE PLASTIC SURGERY

A.E. HAAS, M.D.

Cosmetic, Reconstructive, Face, Breast, and Hand Surgery

Breast Enhancement or Augmentation

The breasts are a focal point. Their enhancement has given many women personal satisfaction and a better sense of well being. Breast enlargement can do many things as lessen the differences between breasts of two different sizes. There may be an uplift effect for those breasts that are beginning to sag a little.

Variations of the chest wall, your personal anatomy and your lifestyle will result in difference of the outcome but one thing is almost certain, your breasts will be enlarged. More cleavage should result and a more fuller appearance. Understand that breasts are probably never perfectly even and they will not be perfect afterwards either. Differences always result.

A person in good health can be of any age and have Aesthetic Breast Surgery. Surgery is usually performed on an out patient basis. But hospitalization may be needed at additional expense.

The implants are most often filled with salt water, saline, and can be slightly adjusted for size during insertion. This is not possible with the other type of implant, the silicone filled variety. Both are mechanical devices that can rupture in time, the hazards of which are minimal with saline filled implants. Usually, the implants are placed under the muscle. Incisions are under the bottom half of the breast hiding them to a degree. Dr. Haas does not do the surgery through the arm pit nor the belly button or umbilicus. Going through the nipple is no longer done either.

As with any cosmetic procedure one should only consider surgery for your own benefit. Do not have Aesthetic Procedures for the will or pleasure of others.

One of the main problems with implant surgery is your body forming scar tissue and a resultant firm breast. It may even become painful. In severe cases or if an infection occurs the implant(s) may need to be removed. A defect will result.

To minimize the risks of surgery any Cosmetic Procedures are performed in the hospital or the Outpatient Surgery Centers, not in office surgery rooms. We need Anesthesiologists present to do sedation or even general anaesthesia. Some doctors do it themselves while doing the Cosmetic Surgical procedure. This is not good. We want a room full of surgical assistants, nurses, technicians all at the same time. We want a recovery room full of trained nurses, not just one nurse as in some office surgery settings. We want a surgical suite full of all sorts of surgical instrumentation. If we do get into a difficult situation, and yes it can happen, then we are prepared to deal with the issue.

Bleeding is always present with any surgery. But the procedures should not be continued if the need for a transfusion is close. Why risk it? Stop and complete the procedure another day if necessary. This is just safer in our way of thinking.

Infections occur with any surgery of any type. The trick is to catch it early. At Venice Plastic Surgery a commitment is needed from the patient before any surgical procedure. Patients are seen often after surgery. If an infection starts and it is caught early then further complications are often prevented. Patients must be examined every few days after procedures to answer questions, check incisions and inspect or change dressings.

One thing often ignored is sun exposure. A fresh wound from trauma or from a surgical procedure must be protected from sun exposure. The sun alone accounts for a lot of scar conditions. Avoidance and the use of high SPF clothing and sun block are a must. This is one thing that makes scars worse and is for the most part preventable.

Review the section on Limitations and Risks of Cosmetic Surgery

**The above represents the opinion of A. E. Haas, M.D.
Venice Plastic Surgery, Venice Wound Center, Lakeside Medical Center**

Just call us directly. No referral needed unless required by your insurance company

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